EXHIBIT A

CROSS-TRAINING CHALLENGE

BEST RUNNING BACKPACKS

TYPES OF RUNNING SHOES

2024 MARATHON CALENDAR

MASTER THE HALF!



As an Inova nurse, what will you bring?



Races & Places > New York City Marathon

Want to Run the Brooklyn Half Marathon? Here's How to Get Into the 2020 Race

Landing a spot in America's largest 13.1-miler isn't easy. But we've laid out the ways you can ensure you'll cruise down the Coney Island boardwalk next spring.



BY HAILEY MIDDLEBROOK UPDATED: JAN 21, 2019

☐ SAVE ARTICLE





New York Road Runners

Editor's Note: On April 17, the New York Road Runners <u>announced</u> that the 2020 Brooklyn Half Marathon, scheduled for May 16, is canceled due to coronavirus concerns. Registered runners have the option to get a full refund of their entry fee or guaranteed non-complimentary entry for the 2021 Brooklyn Half. For more information on coronavirus-related race cancellations and postponements, visit here.



New Year's Sale — less than \$1/week

SIGN IN EXPAND ^

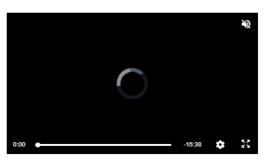
cancellations and postponements, visit here.

iaij. For more information on coronavii

If racing 13.1 miles through the unique streets of Brooklyn to the sunny Coney Island boardwalk appeals to you, join the club.

Every year in late May, the New York City borough hosts around 30,000 runners participating in the Brooklyn Half Marathon, the largest 13.1mile race in the country. It's also one of the most popular. Last January, the 2019 race—which took place on Saturday, May 18—sold out in less than five hours. In 2018, the event sold out just two hours and 17 minutes after registration opened.

More From Runner's World RW Clubhouse | Episode 1



For runners preparing for the 2020 race, keep these notes on hand for getting in.

Be Ready to Register

The simplest way to run the Brooklyn Half is to enter once the general registration window opens at noon on January 22, 2020. Once the

registration date is announced, mark your calendars, put an alarm on your phone, and have your laptop open ahead of time. To enter the race, you'll need to create a free My NYRR account if you haven't done so already, then register online through your account. (Tip: Create your account beforehand, so you won't waste any precious minutes once the registration opens.) The 2019 event was \$115 for non-NYRR members and \$90 for members.

Finish a Fast Race

If you locked down a speedy half or full marathon time this year, you might be eligible for guaranteed entry in to the 2020 Brooklyn Half by snagging a time-qualifier slot. To view the time standards for 2020, click here. In order to qualify, runners must have finished their races at or under the time standard sometime between January 1, 2019, and when the registration closes in January 2020.

Daily

Are you looking to run the best race of your life?

Our newsletter is the best way to stay up to date on the latest training strategies.



New Year's Sale — less than \$1/week

SIGN IN EXPAND ^

allbirds

Meet The New

Wool Runner 2

SHOP NOW

If you're super fast—we're talking men who have recently ran sub-1:05 for the half marathon, and women who have broken 1:15—you can apply for guaranteed entry via the seeded athlete program. If this fits your bill, email eliteathletes@nyrr.org for more info.

Advertisement - Continue Reading Below

- First-Timers Half Marathon (10 weeks, 9-24 miles per week)
- Beginner Half Marathon (10 weeks, 13-23 miles per week)
- Beginner Half Marathon #2 (14 weeks, 17–26 miles per week)
- Intermediate Half Marathon (10 weeks, 21-29 miles per week)
- Intermediate Half Marathon #2 (14 weeks, 27-41 miles per week)

Run for Charity

Runners who sign up to run for Team for Kids (TFK), a charity that funds fitness programs for students across the country, are guaranteed entry into the Brooklyn Half. On top of the race bib, TFK runners also gain access to half marathon training plans created by NYRR, group workouts hosted in New York City, and a special singlet to wear on race day.



View full post on Instagram

If you go this route, you need to raise at least \$500 for the charity by the beginning of May (the fundraising deadline for the 2019 race was May 1). Additionally, TFK runners pay a \$25 sign-up fee plus the standard race entry fee.

Run Six Virtual Races



New Year's Sale — less than \$1/week

SIGN IN EXPAND ^

Run Six Virtual Races

In a new program started this year, runners can claim guaranteed entry to the Brooklyn Half if they register for and complete six NYRR virtual races, which are announced throughout the year by the organization.

The virtual races work like this: Participants first register with their NYRR account, then connect their account to <u>Strava</u>. Once on Strava, they are free to run the race distance whenever and wherever is most convenient for them; afterward, all participants' race results will be displayed on the Strava leaderboard as well as on the NYRR site.



View full post on Instagram

Other Ways to Claim Guaranteed Entry

Even if you don't register in time, time-qualify, complete six virtual races, or agree to run for charity, there are other ways to guarantee your spot in the 2020 race. If you fall under one of these categories, you are promised a bib in the 2020 Brooklyn Half:

- Runners who were accepted into the 2019 race but canceled and deferred their registration, due to injury or other obligations. (Note: If you've canceled your race two years in a row, you are no longer eligible for guaranteed entry.)
- People who volunteered at the 2019 Brooklyn Half race day and expo.
- NYRR members who give at the <u>Philanthropic level</u> are either
 presented a guaranteed entry for the taking, or are granted two-day
 advance registration for the race. Giving \$1,000 annually gives you
 priority registration. \$5,000 or \$10,000 and your spot is assured.



View full post on Instagram



HAILEY MIDDLEBROOK

DIGITAL EDITOR

Hailey first got hooked on running news as an intern with *Running Times*, and now she reports on elite runners and cyclists, feel-good stories, and training pieces for *Runner's World* and *Bicycling* magazines.



New Year's Sale — less than \$1/week

SIGN IN EXPAND ^

training pieces for Runner's World and Bicycling magazines.

Advertisement - Continue Reading Below

NEW YORK CITY MARATHON



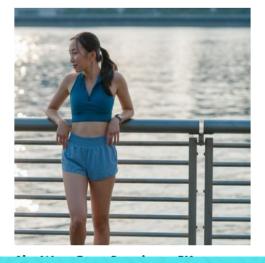
From Inside to Freedom: The Rahsaan Thomas Story



ighting for Wildlife

The critically endangered Southern Resident orcas are

When to Return to Running After a Marathon







New Year's Sale — less than \$1/week

SIGN IN EXPAND ^

— Case T

She Went From Running a 5K to a Marathon in a Year

The Shoe Brands That Won the NYC Marathon

The critically endangered Southern Resident orcas are



This Marathoner Runs for **Sobriety and Joy**



NYC Marathon Champs Meet Aaron Rodgers



NYC Marathon Was the World's Largest in 2023



The Fastest Shoes of the 2023 NYC Marathon



How to Get Into the 2024 NYC Marathon



These Celebrities Ran the 2023 NYC Marathon



Top U.S. Finishers at 2023 **New York City Marathon**



Tamirat Tola Sets Course Record at NYC Marathon







GAP SHOP NOW



New Year's Sale - less than \$1/week

SIGN IN EXPAND A

RUNNER'S WORLD

Newsletter Press Room Writer Guidelines

Give A Gift

Customer Service

Subscribe

Advertise Online

Other Hearst Subscriptions

Fighting for Wildlife

he critically endangered Southern Resident orcas are

She Went From Running a 5K to a Marathon in a Year

The Shoe Brands That Won the NYC Marathon



This Marathoner Runs for Sobriety and Joy



NYC Marathon Champs Meet Aaron Rodgers



NYC Marathon Was the World's Largest in 2023



The Fastest Shoes of the 2023 NYC Marathon



How to Get Into the 2024 NYC Marathon



These Celebrities Ran the 2023 NYC Marathon



Top U.S. Finishers at 2023 New York City Marathon



Tamirat Tola Sets Course Record at NYC Marathon







GAP SHOP NOW



New Year's Sale — less than \$1/week

SIGN IN EXPAND A

RUNNER'S WORLD

 \mathbb{X}

•

f



P

Press Room

Writer Guidelines

Give A Gift

Customer Service

Newsletter

Subscribe

Advertise Online

Other Hearst Subscriptions

Home / News / Industry News / RBC Brooklyn Half Application To Open On Wednesday, February 2



RUNNING

RBC Brooklyn Half Application to Open on Wednesday, February 2

February 01, 2022



New York, February 1, 2022 - The runner application for the 2022 RBC Brooklyn Half, historically the largest half marathon in the United States, will open on February 2 and will remain open through February 16. New this year, runners can apply at NYRR.org for the race's non-guaranteed entry drawing, which will take place on February 23. The return of the highly anticipated race will be at full capacity this year with 27,000 runners expected on May 21.

Time qualifiers, NYRR Team for Kids runners, Virtual 6 program finishers and runners who were part of the 2020 race cancellation process can claim their guaranteed entries to the race during the application window.

The race takes runners on a 13.1-mile journey through the unique and diverse neighborhoods of Brooklyn, beginning at the

YORK ROAD RUNNERS

New York, February 1, 2022 - The runner application for the 2022 RBC Brooklyn Half, historically the largest half marathon in the United States, will open on February 2 and will remain open through February 16. New this year, runners can apply at NYRR.org for the race's non-guaranteed entry drawing, which will take place on February 23. The return of the highly anticipated race will be at full capacity this year with 27,000 runners expected on May 21.

Time qualifiers, NYRR Team for Kids runners, Virtual 6 program finishers and runners who were part of the 2020 race cancellation process can claim their guaranteed entries to the race during the application window.

The race takes runners on a 13.1-mile journey through the unique and diverse neighborhoods of Brooklyn, beginning at the Brooklyn Museum, passing the scenic Grand Army Plaza, and running through Prospect Park and along Ocean Parkway to the finish line on the famous Coney Island boardwalk. RBC will serve as the title sponsor of the event for the first time.

← Previous

View All

Next \rightarrow



Address: 5123 W. 98th Street, #1132, Minneapolis, MN 55437 Email: info@runningusa.org







About Us

News

Contact Us

Events

Membership

Privacy Policy

Running USA Newsletter

Sign-up to get the latest news in the endurance community.

Subscribe

© 2024 Running USA. | All Rights Reserved - Privacy Policy

Designed + Developed by RhinoActive